

**THE READINESS OF THE BRIDGE PROSPECTIVE IN BUILDING A HOUSEHOLD IN
KEPANJEN KIDUL DISTRICT**

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Abstrak

Pernikahan adalah suatu ikatan janji suci antar individu laki-laki dan perempuan yang bertujuan untuk menyempurnakan suatu hubungan yang halal. Calon pengantin harus memiliki kesiapan yang matang sebelum melakukan pernikahan. Tujuan penelitian ini adalah mengetahui kesiapan calon pengantin dalam membangun rumah tangga. Desain yang digunakan adalah kualitatif, pengumpulan data dengan wawancara mendalam, menggunakan teknik sampling purposive, dengan subjek penelitian 4 calon pengantin. Fokus studi meliputi kesiapan calon pengantin, sumber pengalaman, dan upaya untuk mempertahankan rumah tangga. Hasil penelitian ditemukan tema tentang fasilitas yang disediakan pemerintah dengan tidak adanya kewajiban dan informasi mengenai pendidikan pranikah secara resmi. Tema kesiapan calon pengantin meliputi kesiapan fisik dengan melakukan pemeriksaan kesehatan, kesiapan sosial dengan mengenal latar belakang pasangan cukup lama, dan di dapat kematangan usia untuk melakukan pernikahan. Tema sumber pengalaman dari orang tua dan teman tentang rencana menjalani kehidupan berumah tangga, dari internet dan pendidikan sekolah tentang seks edukasi. Tema masalah yang mungkin terjadi meliputi masalah ekonomi, komunikasi dengan pasangan yang kurang baik, hak dan kewajiban, perbedaan pendapat, dan kekerasan dalam rumah tangga. Tema upaya memperkuat ketahanan rumah tangga dengan menjalin komunikasi yang baik dengan pasangan. Regulasi persiapan pra nikah perlu di sosialisasikan di masyarakat terutama pada kalangan remaja.

Kata kunci : Calon pengantin, kesiapan membangun, rumah tangga.

Abstrack

Marriage is a bond of sacred promise between individual men and women which aims to perfect a lawful relationship. The bride and groom must be well prepared before getting married. The purpose of this study was to determine the readiness of the bride and groom in building a household. The design used is qualitative, data collection by in-depth interviews, using purposive sampling technique, with research subjects 4 prospective brides. The focus of the study includes the readiness of the bride and groom, sources of experience, and efforts to maintain the household. The results of the study found the theme of facilities provided by the government with no obligations and information about official premarital education. The theme of the readiness of the bride and groom includes physical readiness by conducting a health check, social readiness by knowing the background of the couple for a long time, and getting the age maturity to get married. The theme of sources of experience from parents and friends about plans to live a married life, from the internet and school education about sex education. Possible problem themes include economic problems, poor communication with partners, rights and obligations, differences of opinion, and domestic violence. The theme is efforts to strengthen household resilience by establishing good communication with partners. Pre-marital preparation regulations need to be socialized in the community, especially among teenagers.

Keywords: Bride and groom, readiness to build, household.

1. INTRODUCTION

Marriage is a bond between a man and a woman who legally becomes husband and wife with the aim of forming a happy and prosperous household (Assyriaah et al., 2019). Marriage is a promise binding ceremony between two parties with the intention of formalizing the relationship according to religious norms, legal norms, and social norms. In Islam, when someone is baligh and is able to undergo marriage, then someone can do marriage to perfect their religion. Marriage is the Sunnah of the Prophet, if it is done, you will get a reward and if you don't do it, you won't get a sin. The purpose of marriage is as a form of worship, getting closer to Allah, perfecting religion, avoiding sin, bringing together different family ties, and increasing the number of descendants of Muslims (Triana Rosalina Noor & Wenika Agustitia, 2018). In building a household that is *sakinah*, *mawaddah* and *warahmah*, there are bound to be many trials that will be faced by married couples. Problems that often arise in the family include economic problems, differences of opinion, and domestic violence. The emergence of unresolved problems because families are not ready to face these problems can lead to divorce (Azhari et al., 2020).

The couple's unpreparedness to solve problems that arise is caused by the lack of preparedness of the prospective bride and groom in carrying out the marriage, one of the efforts made by the Ministry of Religion is to conduct premarital education for the prospective bride and groom (Azka et al., 2018). According to Brammer and Shostrom premarital education is an activity carried out to help the bride and groom to achieve a good understanding of themselves, between partners, and marriage guidance to make a more stable decision. Premarital education or commonly called marriage counseling is an effort to help the prospective bride and groom, this counseling is carried out by a professional counselor. Premarital education can also be called therapy for couples, this therapy is used to help couples understand each other, solve problems or conflicts in a healthy manner, respect each other's differences, and to improve good communication (Roiatun, 2017).

2. RESEARCH METHOD

The design used in this research is qualitative with in-depth interviews with the bride and groom according to the guidelines that have been made. Qualitative research method is research that produces descriptive data in the form of oral or written utterances by individuals interviewed. This research was conducted to obtain descriptive data. This research was conducted at the Office of Religious Affairs in Kepanjen Kidul District from 07 March 2022 – 29 April 2022. The sampling technique used was purposive sampling by looking for participants in the prospective bride and groom who were registered at the KUA of Kepanjen Kidul District. The selected participants were grooms and brides-to-be who had registered at the KUA, Kepanjen Kidul District, Blitar City and brides who were about to marry for the first time. In this study there were 4 participants who were ready to marry and had been registered at the KUA of Kepanjen Kidul District as potential brides. In interviews with the prospective bride and groom, the tools used are cellphones and stationery

3. RESULTS AND DISCUSSION

RESULTS

The results of research with prospective brides obtained the following results:

General data of participants:

1. The first participant with the initials Mrs. I'm a 28 year old woman, born in Blitar. She works as a private employee at an online shop. Last education S1 and Muslim.
 2. The second participant with the initials Mr. H, male, 28 years old, born in Kulon Progo, works as a private employee. Last education S1 and Muslim.
 3. The third participant with the initials Mr. C, male, 28 years old, born in Malang, works as a private employee. Last education S1 and Muslim.
 4. The fourth participant with the initials Mrs. N, a 29 year old woman, born in Blitar, works as a teacher at a private high school in Blitar City. Last education S1 and Muslim.
- to record and record the results of the interview.

Specific data findings:

The results of the research are in the form of interview transcripts that have been categorized according to the keywords that have been presented in the following:

Candidate readiness inner bride build a house	education	The importance of education	Important	
	Before marriage	Before Marriage	Important enough	
		Education source	Internet	
		Before marriage	Youtube	
	Physical readiness	healthiness	Healthiness test	
			Immunization	
	Social readiness	know couple	> 5 years	
			< 5 years	
Age maturity	Age maturity	Pregnancy	Donot delay	
	Source of experience that the candidate got bride for live the life household	Parents	communication	Give little Attention
			Sex education	Mother
		School education	Sex education	At school
		Internet	Sex education	Literation
		friends	finance	Management
		Finance		
The efforts of the prospective bride in strengthen home resistance ladder	The efforts of prospective bride in solvng economical problems	Saving cost	Saving cost	
			Budgeting	
			Emergency fund	
		communication	Meeting	
		Priority	Important and enough	

	The effort of prospective bride in solving communication problem	Egoist	Down the ego
		Problem solving	Best problem solving
	The effort of prospective bride in solving about rights and obligation	Communication	Reminded
		Problem solving	Best problem solving
	The efforts of prospective bride in solving about different opinion	communication	Asking to discuss
		Problem solving	The best middle way
	The effort of Prospective bride in solving domestic violence	Comunication	Reminded
		Minimalized	Minimalized

Each of the themes obtained from the interview results can be explained as follows:

1. The readiness of the bride and groom in building a household in Kepanjenkidul District. The findings from the readiness of the bride and groom in building a household in Kepanjenkidul District include:

a. Premarital Education

1) The importance of premarital education:

2 out of 4 participants expressed the importance of premarital education

"I think premarital education is very important huh"

2) Quite important: 2 participants stated that premarital education is quite important

"I think premarital education is quite important."

3) Sources of premarital education: 3 participants said sources of premarital education were not only obtained from official forums but could also be obtained from the internet or YouTube.

"Read on the internet and see on YouTube."

b. Physical Readiness

1) Medical test: All participants stated that they had taken a medical test

"Have you done a medical test, sis?"

2) TT immunization: All participants have carried out TT immunization

"Get TT immunization"

c. Social Readiness

1) Known for more than 5 years: 3 participants had known their partners for more than 5 years from the time they met until they got married

"I've been dating him for about 6 years."

2) Less than 5 years: 1 in 4 participants said that they had only known their partner for 6 months instantly

"Start intense maybe 6 months."

a. Age Maturity

From the research results, all participants revealed that they would not delay pregnancy because they were already 28 years old.

"I'm not delaying pregnancy, sis, because I also realize that I'm already 28 years old too, if I have to postpone it, when will I have children again?"

1. The source of experience that the bride and groom get to live a household life.

The findings are from sources of experience gained by the bride and groom to live a household life.

a. Parent

1) Communication: 2 out of 4 participants said that they received various experiences and advice from their parents such as how to educate their wife, manage finances, how to communicate well, and give thanksgiving when their spouse does the slightest thing.

"If parents are more concerned about how to educate their wife and children, what will they be like then, uh, how to manage finances."

2) Sex education: One of the participants also revealed that advice from parents about sex education

"For sex education, it's more like this, right? Family planning cadres, toddler cadres are also more into that, after giving birth to family planning first."

b. Friend

Finance: 2 participants said that getting married experience was like how to live life after the contract and manage the finances of their friends

"From the first friend about financial management about how the attitude to both sides of the extended family is like that."

c. Internet and school education

Sex education : Apart from married parents, friends, and relatives 3 brides and grooms seeking marriage experience through internet and school education

"If sex education is more than possible, eeee, during education during school, maybe yes, reading and reading on the internet is a lot of literacy."

2. Efforts of the bride and groom in strengthening household resilience.

The findings of the efforts of the prospective bride and groom in strengthening household resilience.

a. Economy problem

1) Saving cost : 2 out of 4 participants chose saving cost to help reduce economic problems
"Saving the cost of our own money"

2) Budgeting: 1 out of 4 participants chose to make budgeting to solve economic problems
"You have to make a budgeting point."

3) Emergency fund: 2 participants said they created an emergency fund for family needs
"There is an emergency fund and there are funds for their own needs"

b. Poor Communication Problems With Partners

1) Lower the ego: One participant said to talk when the partner's ego has dropped so as not to cause new problems

"Essentially lower the ego"

2) The best solution: 3 out of 4 participants said that all existing problems must be discussed carefully to find the best solution

"We are looking for a way out together, not a middle way, the point is a way out together."

c. Issues of Rights and Obligations

1) Reminded: 3 participants said to set aside more time to talk about and remind them if something was not right with their partner

"Spend leisure time to chat and be reminded more."

2) The best and common way out: 3 participants said to solve the problem more to find the best way out

"Finding a way out together and the best for both of them."

a. The Problem of Dissent

1) Talking to: 2 participants chose to talk to their partner when their emotions had subsided to solve the existing problem

"Be spoken to when the emotions have subsided."

2) The best middle way: 3 participants will discuss the problem to find the best solution that benefits both parties

"There is a middle way we choose the most profitable"

b. The Problem of Domestic Violence

1) Be reminded: 1 participant said that if domestic violence occurred, they would be reminded first if they could still be reminded

"If possible, please remind me first"

2) Minimizing : 2 participants said they would minimize the occurrence of domestic violence by building good communication so as not to exaggerate existing problems

"It should be minimized to a minimum, which means sometime how do we build communication."

DISCUSSION

Based on the results of the study, several findings were obtained which will be discussed in detail as follows:

1. Readiness of the Bride and Groom in Building a Household

Good or bad marriage depends on the actions of each bride and groom. Extensive physical, mental, material and scientific readiness must be owned by the bride and groom before carrying out the marriage. The Ministry of Religion through the Decree of the Director General of Islamic Community Guidance Number 373 of 2017 Jo. The Directorate General of Islamic Community Guidance Number 379 of 2018 urges every bride and groom who will marry first to attend pre-marital education as the first step in creating a harmonious and happy family (Ekofitriyanto, 2020).

To improve people's lives, the Ministry of Religion of the Republic of Indonesia has decided on a new regulation, in this case the Decree of the Director General of Islamic Community Guidance Number: DJ.II/542 Concerning Guidelines for Pre-marital Organizing, which in one of the articles states that "the regulation is intended to create a *sakinah, mawaddah, warahmah* family." through provision of knowledge, increased understanding and skills regarding family and household life". Building a family requires serious readiness from both bride and groom to go through household *mahligai* (Fahim & Jumas, 2021).

In research conducted at KUA Kepanjenkidul District, prospective brides said that premarital education was very important to prepare for marriage, but participants regretted that KUA did not require prospective brides to attend premarital education. Participants eventually seek knowledge about marriage through parents, friends or relatives who are married, and via the internet. Participants also said that to prepare for marriage not only from a physical perspective but also from a physical perspective. The bride and groom also carried out checks before carrying out the wedding and the four participants revealed that their closeness to the point where they decided to get married had been quite a long time. The participants in this study also had the maturity age to get married.

From the results of in-depth interviews and previous research, preparation before marriage is very important starting from a mature age, an established economy to meet household needs and even a medical examination before marriage. In this case, readiness before marriage, especially the medical examination of the bride and groom, is very important for the pregnancy and the fetus. Health checks that need to be carried out include checking vital signs, routine blood tests (Hb, Erythrocytes, Leukocytes), urine tests, nutritional status checks, administering TT immunization, and maintaining the cleanliness of the reproductive organs. Insufficient Hb in pregnant women will endanger the mother and the fetus in the womb. Insufficient Hb will cause anemia in the mother and the baby born will experience stunting.

1. The source of experience that the bride and groom can get to live a household life

Marriage is not only limited to a contract, uniting a pair of lovers with a sacred promise, and justifying intercourse, but there are responsibilities and obligations that must be fulfilled between individuals for the integrity of the family. The responsibilities of husband and wife include providing for the family, educating children and wife, managing the household, and fostering good relations with the two extended families (Laela Sundani et al., 2018).

Lack of parental knowledge about sex makes sex education in the family less, so children seek this knowledge through friends, magazines and the internet. Many parents don't really care and even feel awkward talking about sex with their children. Inappropriate sexual experiences will cause children to misuse sexual behavior in the future (Crisdiansyah et al., 2021).

The findings from the results of interviews with the prospective bride and groom revealed that they had sufficient experience of marriage from their parents, friends, and even those around them who were already married. They received advice on how to communicate well, manage finances, and how to educate their wives and children. Participants got less sexual experience from their parents, they got more sex education when they were still in school. The bride and groom feel that they have enough foundation about marriage from their parents and in-laws.

In conclusion, the marriage experience of parents or closest married people is very important for the bride and groom. This can add to the readiness of the bride and groom to prepare themselves to enter into a sacred marriage vow with the person of their choice, especially regarding sex education. Wherever they get it from, what is important is that everything is correct so that sexual violence does not occur against women. When sex education is lacking or inappropriate, there is a possibility that many children will act freely until they become pregnant outside of marriage. Knowledge of parents and prospective brides about the age appropriate for marriage will reduce the number of early marriages.

2. Efforts of the Bride and Groom to Strengthen Household Resilience

The integrity of a marriage is determined by the readiness of the bride and groom to enter into a marriage bond. Not a few households have run aground in the middle of the road due to the lack of preparedness of the prospective bride and groom to resolve a problem that has occurred and not a few have ended in violence and abuse of one of the parties, which generally happens to the wife or child. Most household breakdowns are caused by various problems on the part of both husband and wife such as the economy, lack of communication, third parties, and so on (Sirait, 2019).

Problems that occur in the household not only cause household relations to be disharmonious and will even lead to divorce. This problem occurs in young and adult married couples with various problems they face. The couple who were fine at first after a one year old relationship started having problems. To solve it, there must be love between the two, taking a joint attitude in solving a problem, having an attitude of tolerance for each other, and making a budget to manage finances (Musaitir, 2020).

In research with in-depth interviews conducted with prospective brides and grooms at KUA Kepanjenkidul, participants revealed that to solve economic problems they would make joint savings, budgeting, and would prioritize which household needs must be met first, for problems of poor communication, rights of obligations those who are neglected and their differences of opinion prefer to take the time to invite their partner to talk about problems when there is no ego, including to find the best middle ground that is most beneficial for both parties and does not involve parents or third parties. Because when solving problems with ego and third person it will add new problems in the family. Participants will minimize the occurrence of domestic violence by establishing good communication with their partners and not exaggerating existing problems.

Of the two sources, there is a way to solve the problem by establishing good communication with your partner, which is the best way. And when there are problems in the family and then we always ask for help from parents or third parties, then that's when new problems may arise, so whatever the problem is, it's best to solve it first with your partner. When there are continuous problems that are not resolved, it does not rule out the possibility of domestic violence behavior up to the occurrence of divorce

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4. CONCLUSION

Based on research conducted on prospective brides at KUA Kepanjen Kidul District, it can be concluded that marriage readiness with marriage education is very important, but at KUA Kepanjen Kidul District there is no obligation to attend premarital education and there is no information regarding premarital education at KUA or education that is carried out independently. official. The bride-to-be said they were ready to get married at the age of 28, had already taken a medical test, and had a steady job to provide for the economy in the family.

Brides-to-be seek wedding experiences from parents, friends, the internet, and school education. Catin gained experience from her parents, such as communicating with her partner, how to manage finances, and educating her children and wife. The bride-to-be gets more experience about sex when she is still in school, because the catin feels awkward if she has to ask her parents or friends about this.

The catin's readiness and experience can reduce the occurrence of problems in household relationships. When a catin problem occurs, she prefers to set aside as much time as possible to establish good communication with her partner. With good communication, this can minimize and even eliminate domestic violence.

5. SUGGESTION

For future researchers, they can conduct research that is more perfect and deep by using the interview method of the bride and groom and parameters that have been adjusted to the place of research to perfect the results of this study.

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